

Santa Rosa Express Youth Running Club
presents:
Bob Shor-Express Scholarship



The **Bob Shor-Express Scholarship** is inspired by Track Official and Coach Bob Shor, and honors his life-long dedication and love for running and service to the community. Bob Shor's involvement in Cross Country and Track began 60 years ago when he started running in high school. He was the head coach for Santa Rosa Express for almost 20 years and continued to help coach our runners for many years afterwards. He was a mainstay in the running community locally and in the USATF. In memory of his devotion to running and kids and his passing in 2017, we carry on this scholarship in his name.

The Bob Shor-Express Scholarship is for *graduating high school seniors* from Sonoma County. A minimum of two \$750 scholarships will be awarded.

Criteria for Application:

To be eligible to apply for the Bob Shor-Express Scholarship, you must meet the criteria below:

- Be a high school senior graduating from a Sonoma County high school
- Earning a minimum cumulative GPA of 2.5 (verification form must be completed)
- Participated in high school Cross Country and/or Track and Field for at least 2 years (verification form must be completed)
- Involved in community service (verification form must be completed)
- Planning to further your education directly after high school (4 year college, junior college, or trade school).

Essay:

For those who meet the requirements, please **submit an essay of 500 words or less**. Essay should include: 1) Your running experience and its impact on your life 2) What you have done for community service and giving back to your community. 3) Describe your future plans in terms of furthering your education.

Please submit your completed application, all verifications, and essay **no later than midnight on Monday, April 16, 2018**. Submit documents to: santarosaexpress@gmail.com, or mail to Santa Rosa Express P.O. Box 1380 Windsor, CA 95492 (must be postmarked by 4/16/18).

For further questions, contact Santa Rosa Express at santarosaexpress@gmail.com.

The mission of Santa Rosa Express Youth Running Club is to encourage young athletes to learn and appreciate running in a fun, safe and healthy environment.

Santa Rosa Express Youth Running Club
presents
Bob Shor-Express Scholarship
Application and GPA Verification



The Bob Shor-Express Scholarship is inspired by Track Official and Coach Bob Shor, and honors his dedication and love for running and service to the community. This scholarship will be awarded to a graduating senior from Sonoma County who has:

- Participated in Track and Field and/or Cross Country in high school for at least 2 years,
- At least a 2.5 cumulative GPA,
- And has been involved in community service.

Student Name (please print): _____

Address: _____

Email _____

Phone _____

High School Name: _____

This verifies that I have met all the criteria for the Bob Shor-Express Scholarship.

Student Signature: _____ Date: _____

GPA Criteria Verification:

This is to verify that _____ (student name) is a senior

at _____ (name of high school) and currently

has a cumulative GPA of _____ (minimum requirement is 2.5 GPA).

Administrator's Signature _____ Date _____

Print Name _____ Title _____

Phone/email: _____



**Santa Rosa Express Youth Running Club
presents:**

**Bob Shor-Express Scholarship
Cross Country/Track and Field Verification**

The Bob Shor-Express Scholarship is inspired by Track Official and Coach Bob Shor, and honors his dedication and love for running and service to the community. This scholarship will be awarded to a graduating high school senior from Sonoma County who has:

- Participated in Track and Field and/or Cross Country in high school for at least 2 years,
- At least a 2.5 cumulative GPA,
- And has been involved in community service.

Student Name (please print): _____

High School Name: _____

Cross Country and/or Track and Field Verification:

This is to verify that _____ (student name) has been on the
Cross Country and/or Track and Field team at _____ high school
during the years of _____ (dates).

Athletic Director and/or Coach's Signature _____

Print Name _____ Title _____

Phone/email: _____

Briefly comment on his/her participation in Track and/or Cross Country:

**Santa Rosa Express Youth Running Club
Presents:
Bob Shor-Express Scholarship
Community Service Verification**



The Bob Shor-Express Scholarship is inspired by Track Official and Coach Bob Shor, and honors his dedication and love for running and service to the community. This scholarship will be awarded to a graduating high school senior from Sonoma County who has:

- Participated in Track and Field and/or Cross Country in high school for at least 2 years,
- At least a 2.5 cumulative GPA,
- And has been involved in community service.

Student Name (please print): _____

High School Name: _____

Community Service Criteria Verification:

This is to verify that _____ (student name)

has volunteered for _____ (name of agency/project).

Dates volunteered: _____ Total hours volunteered: _____

Briefly describe what he/she has done to help the community:

Community Service Leader's Signature _____ Date _____

Print Name _____ Title _____

Phone/email: _____

Address: _____